

THE VAULTS

AT BROOME PARK

RELAX | REJUVENATE | RESTORE

TREATMENT LIST



Book now at thevaults@broomepark.co.uk or call 01227 831 701
www.broomepark.co.uk/the-vaults/



MASSAGE

THE SIGNATURE MASSAGE - 30 MINUTES £45 | 60 MINUTES £80

Unwind with our signature body massage treatment. Beginning with a grounding ritual and combining a variety of therapeutic massage techniques, your skilled therapist will tailor each treatment to target specific areas of tension and restore a deep sense of wellbeing. Opt for light, medium or firm pressure depending on your preference. This treatment uses the finest 100% natural ingredients sourced from Kentish growers, including virgin cold-pressed cobnut oil and an elite single origin lavender oil, direct from the farm. 30 min option includes back, neck and shoulders. 60 min option includes back, neck and shoulders, legs and feet, arms and hands, upper chest and head.

HOT STONE MASSAGE - 30 MINUTES £50 | 60 MINUTES £90

Experience our hot stone massage, designed to melt away tension and promote deep muscle relaxation. The heat from the stones warms your muscles, allowing expert techniques to work deeper into the tissue, enhancing muscle recovery and relieving aches and pains.

Perfect for those seeking to alleviate muscular discomfort or simply indulge in deep relaxation.

30 min option includes back, neck and shoulders.

60 min option includes back, neck and shoulders, legs and feet, arms and hands, and abdomen.

INDIAN HEAD MASSAGE - 30 MINUTES £45

Rooted in ancient Ayurvedic traditions, our Indian Head Massage includes the head, neck, shoulders, upper arms, and face, using time-honored techniques to release mental stress and tension and promote a sense of calm and clarity. Enhancing the experience, we use a potent rosemary oil, sourced direct from a local farm. Rosemary oil is celebrated for its scalp-stimulating properties and hair growth benefits. The treatment is performed seated in an upright seated position.



BODY TREATMENTS

LAVENDER & HOPS RELAXATION RITUAL - 75 MINUTES £115

Immerse yourself in a truly unique treatment experience, expertly designed to guide you through layers of deep relaxation. This treatment harnesses the healing power of two heritage crops of Kent, lavender and hops — traditionally used for centuries as a gentle yet effective aid to relaxation and healthy skin. Your journey begins with a luxurious herbal foot soak and scrub, infused with lavender, hop flowers, rose petals and aromatherapy salts. Next, a beautifully smooth lavender and hops skin balm is massaged into your back, legs, feet, stomach, arms and hands, before you are wrapped in a warm cocoon, allowing the ingredients to deeply nourish your skin and calm your mind. While you rest, your therapist will perform a soothing scalp and foot massage that will transport you to the deepest level of relaxation. The ritual is completed with a tea ceremony featuring a fragrant brew of chamomile flowers, rose petals, Kentish lavender, and hop petals.

DEEP CLEANSING BACK TREATMENT - 45 MINUTES £65

Designed to give your back the care it deserves, our Deep Cleansing Back Treatment, targets this easily overlooked area. The treatment begins with a thorough cleanse and exfoliating scrub, followed by gentle steaming to soften pores and allow for any necessary extractions. A detoxifying kaolin clay mask is then applied to purify and refresh the skin, finishing with soothing lotion massaged into the skin for hydration. Deeply relaxing yet highly effective, this treatment is suitable for all skin types, including spot-prone skin, providing essential maintenance and care for a smoother, healthier back.

ACUPRESSURE FOOT TREATMENT - 45 MINUTES £65

Restore balance and harmony to your entire body with our Acupressure Foot Treatment, rooted in the principles of traditional Chinese medicine. This holistic therapy works with key pressure points on the feet to realign the flow of energy through the body's meridians promoting overall well-being and relaxation. The experience begins with a soothing herbal foot soak and an exfoliating foot scrub to refresh and rejuvenate. You'll then recline comfortably as your therapist performs a deeply relaxing foot massage, targeting acupressure points on the feet and lower legs. Leave with lighter feet, and a profound sense of tranquility.



FACIALS

RADIANCE RESET / THE KELSEY FACIAL - 60 MINUTES £85

KELSEY is a beautiful range of eco-centric luxury skincare solutions, that take the hero skincare ingredient of raspberries from farm to face, for fabulous glowing skin. The KELSEY Radiance Reset Signature Facial features the EZ Rubus ID®, an enzyme activated high potency bioavailable plant oil, alongside other powerful active ingredients to deliver maximum hydration into the skin whilst addressing signs of daily fatigue and stress such as dullness, loss of tone, puffiness, and collagen degradation. Supporting and nourishing the skin from the inside out using proprietary activation technology. We are delighted to partner with this outstanding natural independent, family run skincare brand. We have the special privilege of providing the highest quality, luxury facial treatments with made with fruit grown less than 10 miles from Broome Park. This facial includes a double cleanse, exfoliating mask, steam and extractions, sculpting facial massage, gua sha lymphatic drainage massage, nourishing mask and layered hydration.

INSTANT GLOW / THE KELSEY EXPRESS FACIAL - 30 MINUTES £45

A condensed version of the KELSEY facial including a double cleanse, exfoliating mask, gua sha facial massage and layered hydration.

LIFT & FIRM MICROCURRENT FACIAL - 60 MINUTES £95

Achieve a more youthful, lifted, and toned appearance with our Microcurrent Facial, a non-invasive treatment designed to rejuvenate your skin. Using our microcurrent facial electrotherapy device, this treatment helps re-educate facial muscles while smoothing fine lines and enhancing blood and lymphatic circulation for a healthier, more radiant complexion. Your experience includes a thorough double cleanse, exfoliation, advanced facial lifting massage techniques, the targeted microcurrent application, a soothing mask, and a final hydrating step. This effective and gentle treatment is perfect for maintaining a youthful glow and boosting skin vitality.

INSTANT LIFT MICROCURRENT FACIAL - 30 MINUTES £55

A condensed version of the microcurrent facial for those who wish to benefit from the full effects of the microcurrent device but prefer a quicker facial. This treatment includes a double cleanse, exfoliation, microcurrent application and hydration.



COMBINATION TREATMENTS

**BACK, NECK & SHOULDER MASSAGE WITH THE KELSEY EXPRESS FACIAL
60 MINUTES £85**

**FULL BODY MASSAGE WITH THE KELSEY EXPRESS FACIAL
90 MINUTES £115**

**THE KELSEY SIGNATURE FACIAL WITH BACK, NECK & SHOULDER MASSAGE
90 MINUTES £120**

SPECIALIST TREATMENTS

PREGNANCY TREATMENT - 45 MINUTES £65

Nurture yourself with our blissful pregnancy treatment, designed to provide relaxation and rejuvenation during this special time. This soothing experience begins with a gentle facial tailored to your skin's needs, including cleansing, exfoliation, a relaxing facial massage, and hydration to leave your skin feeling soft and radiant.

To complete your treatment, choose between a soothing scalp massage to melt away stress or a nurturing hand and arm massage to ease tension. This blissful combination ensures you leave feeling refreshed and balanced. Suitable anytime after 12 weeks of pregnancy.

ONCOLOGY TREATMENT - 60 MINUTES £80

A deeply soothing and supportive treatment designed for those undergoing cancer treatment. This gentle massage focuses on calming the nervous system and promoting relaxation during a time when self-care is essential. Your therapist is specially trained and qualified in oncology massage, ensuring the treatment is tailored to your individual needs with the utmost care and attention.

This light, nurturing touch provides a comforting experience to help ease stress and enhance overall well-being. Please note that permission from a member of your primary medical team is required before your first treatment.



EXPERIENCES

COUPLES MASSAGE WORKSHOP - 90 MINUTES £125

Learn the timeless art of massage in this private workshop designed for couples. Guided by our qualified massage teacher, you'll discover a range of techniques while gaining an introductory understanding of back anatomy and key areas to focus on for effective relaxation. During the session, you'll practice massage moves on each other under detailed guidance, with demonstrations to ensure confidence and precision. You'll receive a take-home routine guide and a complimentary bottle of massage oil to continue your practice at home. Please note this is a workshop for 2 attendees - couple, friends or family members welcome. Attendees will not receive any certificate or qualification on completion of the workshop, the knowledge and skills learnt are for use on friends or family only.

THE BROOME PARK AFTERNOON ESCAPE - £65

An afternoon of pure indulgence awaits at Broome Park. Begin your escape with a choice of a 30-minute spa treatment to unwind and rejuvenate:

- *A soothing Back, Neck, and Shoulder Massage to melt away tension.*
- *A calming Indian Head Massage to ease stress and restore balance.*
- *A refreshing Kelsey Express Facial to leave your skin glowing.*

After your treatment, continue the relaxation with a delightful Afternoon Tea, featuring an array of delicate sandwiches, indulgent pastries and scones, in the elegant surroundings of our historic manor house. For that extra touch of indulgence, a glass of prosecco is included in this fabulous experience.